



## Spanish Resources for Children & Families Impacted by Addiction

### Seven Cs – Las Siete Cs

<https://nacoa.org/wp-content/uploads/2023/06/Seven-Cs.Eng-and-Spanish.pdf>

### 10 Ways to Build a Strong Family – 10 Maneras de Formar Una Familia Solida

<https://nacoa.org/wp-content/uploads/2023/06/10-Ways-to-Build-Strong-Family.-Eng-and-Spanish.pdf>

### Your Words Make a Difference – Los Niños Son Sumamente Afectados Por Nuestras Palabras

<https://nacoa.org/wp-content/uploads/2023/06/Words-Make-a-Difference.Eng-and-Spanish.pdf>

### Sesame Workshop - Taller de Sésamo

Scroll down the list of resource or select the topic of interest on the left: Parental addiction, resilience, healthy eating and habits, emotional health, and much more!

Desplácese hacia abajo en la lista de recursos o seleccione el tema de interés a la izquierda: Adicción de los padres, resiliencia, alimentación y hábitos saludables, salud emocional, ¡y mucho más!

[https://sesameworkshop.org/search?s=&type=resource&language\[\]=es](https://sesameworkshop.org/search?s=&type=resource&language[]=es)

### Kissing Hand - Un Beso en Mi Mano

<https://www.youtube.com/watch?v=tLxHJETx8rs>

### Have You Filled a Bucket Today - ¿Has Llenado una Cubeta Hoy?

[https://www.amazon.com/%C2%BFHas-Llenado-una-Cubeta-Hoy/dp/0996099956/ref=asc\\_df\\_0996099956/?tag=hyprod-20&linkCode=df0&hvadid=265892495433&hvpos=&hvnetw=g&hvrand=12161053606531650794&hvpon=&hvptwo=&hvqmt=&hvdev=c&hvdv cmdl=&hvlocint=&hvlocphy=9007820&hvtargid=pla-574408671285&pvc=1](https://www.amazon.com/%C2%BFHas-Llenado-una-Cubeta-Hoy/dp/0996099956/ref=asc_df_0996099956/?tag=hyprod-20&linkCode=df0&hvadid=265892495433&hvpos=&hvnetw=g&hvrand=12161053606531650794&hvpon=&hvptwo=&hvqmt=&hvdev=c&hvdv cmdl=&hvlocint=&hvlocphy=9007820&hvtargid=pla-574408671285&pvc=1)

### Understanding ACEs - Cómo comprender las ACE

[https://www.pacesconnection.com/ws/UnderstandingACEs\\_Spanish.pdf](https://www.pacesconnection.com/ws/UnderstandingACEs_Spanish.pdf)

### Toxic Stress Derails Healthy Development- El estrés toxico perjudica el desarrollo saludable

<https://developingchild.harvard.edu/translation/el-estres-toxico-perjudica-el-desarrollo-saludable/>

### Serve & Return Interaction Shapes Brain Circuitry - Las interacciones “server y devolver” dan forma a la estructura cerebral”

<https://developingchild.harvard.edu/translation/las-interacciones-servir-y-devolver-dan-forma-a-la-estructura-cerebral/>

### Baby Cues - Señales de bebe - Tarjetas/DVD (video)/Hoja de trabajo

<https://www.pcrprograms.org/product/babycues-a-childs-first-language-spanish/>

### 10 Categories of ACES - 10 categorías de ases

[https://www.acesaware.org/wp-content/uploads/2021/12/10\\_Categories-of-ACES\\_Spanish\\_ADA.pdf](https://www.acesaware.org/wp-content/uploads/2021/12/10_Categories-of-ACES_Spanish_ADA.pdf)

### Spectrum of Positive, Tolerable, and Toxic Stress - Respuesta al estrés

[https://www.acesaware.org/wp-content/uploads/2021/12/Spectrum-of-Positive-Tolerable-and-Toxic-Stress\\_Spanish\\_ADA.pdf](https://www.acesaware.org/wp-content/uploads/2021/12/Spectrum-of-Positive-Tolerable-and-Toxic-Stress_Spanish_ADA.pdf)

Preventing Adverse Childhood Experiences (ACEs) to improve U.S. health - Cómo prevenir las experiencias adversas en la niñez (ACE) para mejorar la salud en los EE. UU.

[https://www.cdc.gov/spanish/mediosdecomunicacion/comunicados/p\\_vs\\_experiencias\\_adversas\\_ninez\\_110419.html](https://www.cdc.gov/spanish/mediosdecomunicacion/comunicados/p_vs_experiencias_adversas_ninez_110419.html)

### Tips for Teens: The Truth about Alcohol - Consejos para adolescentes

[https://store.samhsa.gov/sites/default/files/SAMHSA\\_Digital\\_Download/TipsforTeens\\_Alcohol\\_2022\\_Spanish\\_508.pdf](https://store.samhsa.gov/sites/default/files/SAMHSA_Digital_Download/TipsforTeens_Alcohol_2022_Spanish_508.pdf)

Take Action to Prevent Underage Alcohol Use - Tomar medidas para prevenir El consumo de alcohol en menores de edad

[https://store.samhsa.gov/sites/default/files/product\\_thumbnail/DataVisual-TakeAction-2022-Spanish-508.jpg](https://store.samhsa.gov/sites/default/files/product_thumbnail/DataVisual-TakeAction-2022-Spanish-508.jpg)

### Addiction Policy Forum Opioid Prevention Campaign

12 Things Parents Can Do to Prevent Addiction 2 Cosas que Los Padres Pueden Hacer

7 Things Teachers Can Do to Prevent Addiction 7 Cosas que Los Maestros Pueden Hacer para Prevenir La Adicción

Teens and Opioids Adolescentes y Opioides

<https://www.addictionpolicy.org/opioid-prevention-campaign-spanish>