



September is

FASD MONTH

FASD - Fetal Alcohol Spectrum Disorders - refers to the wide range of physical, behavioral, and cognitive impairments that occur due to prenatal alcohol exposure. It is the leading known cause of developmental disabilities *that is 100% preventable.*

1 in 20 school age children in the US are affected by FASDs, according to the CDC.

Alcohol Use During Pregnancy

Alcohol use is highest during the first trimester among women who are pregnant, with about 1 in 5 (19.6%) reporting current alcohol use and 1 in 10 (10.5%) reporting binge drinking.

Screening

The American Academy of Pediatrics (AAP) stresses the importance of universal screening for prenatal alcohol exposure for all children.

Lifelong Impact

FASDs can last a lifetime, including problems with behavior and learning as well as physical problems. Children and adults need support.

US Surgeon General Recommendation

Women who are pregnant, might be pregnant, or are thinking about getting pregnant - and not using birth control - should not drink alcohol at all.

Learn more: FASDUnited.org