

Celebrating Families!

Building Resilient Families. Healing the Impact of Substance Use Disorders

"This program changed how we talk, how we listen, and how we love each other again."
-Celebrating Families! Parent Participant



About Celebrating Families!

Celebrating Families! (CF!) is a nationally recognized, evidence-based program designed for families with a parent or caregiver experiencing substance use disorder. This multi-generational program brings together children, teens, and adults in recovery to heal, learn, and grow together.



Our Program

16 engaging sessions offered in 16-week, 14-week, and 8-week formats

- Teaching parenting & coping skills
- Building resilience in children & youth
- Addressing trauma & co-occurring issues
- Breaking the intergenerational cycle of substance use disorders



Why It Works

- **91% of children** reported they feel "more hopeful about their family's future."
- **100% of parents** said they are good at protecting their child's safety.
- **89% of parents** reported improved communication and connection with their children.
- **94% of participants** reported reduced time drinking or using drugs.
- **93% no longer used substances** to cope with emotions like sadness or anger.

Program Components

- Separate, age-specific breakout groups for ages 0-3, 4-6, 7-10, 11-13, 14-18, and adults
- Shared family meals and structured bonding activities
- Cultural and community adaptations available
- Facilitator training & support provided by NACoA national level trainers

Target Audience

- Addiction treatment centers (inpatient & outpatient)
- Faith communities
- Family & dependency courts
- Treatment courts
- Community-based organizations & coalitions
- Child welfare programs
- Reunification needs
- Deflection programs

Whole-Family Recovery

Evidence-Based

Trauma-Informed

Family Focused